



Inayati Silent Retreat with Pir Zia Inayat-Khan & Friends

**Labor Day Weekend, September 2-5, 2016
Abode of the Message, New Lebanon, New York**

Please join us for a three-day silent retreat, based in the teachings of the Sufi master, Hazrat Inayat Khan (1882-1927). Pir Zia Inayat-Khan, Hazrat Inayat Khan's grandson and the primary teacher of the Inayati Order, will guide our retreat, leading us into silence and an exploration of the inner life. This year, Pir Zia will be accompanied by Inayati faculty including Aziza Scott, Khabira Brown and Yaqin Aubert.

This particular retreat will be held at the Abode of the Message in New Lebanon, New York, on the outskirts of the Berkshire Mountains of Western Massachusetts. We will gather daily in the Abode's beautiful Meditation Hall, with time allowed for walking and contemplation in the Abode gardens, woods, and the trails of Mount Lebanon. Three vegetarian meals will be served each day, further supporting our retreat practice.

BIOGRAPHIES:

PIR ZIA INAYAT-KHAN, also known as Sarafil Bawa, is a scholar and teacher of Sufism in the lineage of his grandfather, Hazrat Inayat Khan. He received his B.A. (Hons) in Persian Literature from the London School of Oriental and African Studies, and his M.A. and Ph.D. in Religion from Duke University. Pir Zia is president of The Inayati Order and founder of Suluk Academy, a school of contemplative study with branches in the United States and Europe. He lives with his wife and two children at the Abode of the Message. www.pirzia.org

AZIZA SCOTT, M. ED., has been a student of the retreat process for over thirty years and serves as the head of the Inayati Order's Esoteric School and Retreat Guide Training Program, working closely with first Pir Vilayat Inayat Khan and now Pir Zia Inayat Khan. She has many years of experience leading individual and group retreats and conducting workshops in the United States, Europe and India. Aziza runs a retreat center in the Berkshires of Western Massachusetts.

KHABIRA BROWN is the newly appointed Vice President of the Inayati Order's Esoteric School. Khabira is inspired by the bountiful meditations, practices and teachings that the Inayati Order offers as a path to inner exploration and to unfold the purpose of our lives. She is a Retreat Guide, a Suluk Academy Mentor, Regional Representative and Cheraga. She trains Coordinators and Representatives and teaches classes on Sufism in the Boston area and online.

YAQIN JOSEPH AUBERT is the esoteric secretary to Pir Zia Inayat Khan, head of the Inayati Order. Yaqin has been studying in Sufism for more than 40 years and is a senior teacher in the Order. He was a student of Pir Zia's father Pir Vilayat Inayat Khan. Yaqin is a Cherag (minister) in the Universal Worship, and has been a teacher in the Suluk Academy. He is a founding member and former director of both the Abode of the Message, a spiritual community and retreat center in upstate New York, and Mountain Road School. Yaqin is a storyteller, retreat guide and leads group retreats and seminars in North America.

INAYATI SILENT RETREAT SCHEDULE:

All activities will take place in the Abode's Meditation Hall.

Friday, September 2, 2016

2 – 6 pm	Registration
6 – 7 pm	Dinner
7:30 – 9 pm	Orientation to the Retreat Process

Saturday, September 3, 2016

7 – 8 am	Aziza
8 – 9 am	Breakfast
9 – 10:15 am	Pir Zia
10:15 – 10:45 am	Break
10:45 – 12:00 pm	Pir Zia
12:30 – 1:30 pm	Lunch
1:30 – 2:45 pm	Aziza
3:45 – 4:15 pm	Break
4:15 – 5:30 pm	Pir Zia
6 – 7 pm	Dinner
7:30 pm	Evening Program

Sunday, September 4, 2016

7 – 8 am	Khabira
8 – 9 am	Breakfast
9 – 10:15 am	Pir Zia
10:15 – 10:45 am	Break
10:45 – 12:00 pm	Pir Zia
12:30 – 1:30 pm	Lunch
1:30 – 2:45 pm	Khabira
3:45 – 4:15 pm	Break
4:15 – 5:30 pm	Pir Zia
6 – 7 pm	Dinner
7:30 pm	Evening Program

Monday, September 5, 2016

7 – 8 am	Yaqin
8 – 9 am	Breakfast
9 – 10:15 am	Pir Zia
10:15 – 10:45 am	Break
10:45 – 12:00 pm	Pir Zia: Universal Worship
12:30 – 1:30 pm	Lunch

*****home*****

MUSIC PLAYLIST:**Saturday**

1. Spiegel im Spiegel (Arvo Pärt – CD: Alina, ECM)
2. Misere(G. Allegri)
3. Cherubin Hymn (Novopassky Monastery Choir)
4. Mai Kanth (Indian vocalist)

Sunday

1. Ave Maria (Charlotte Church, Voice of an Angel) , Pie Jesu (Loyd Webber, Requiem) , Sanctus J. Taverner, Missa Gloria Tibi Trinitatis)
2. Selfless (track 6) from Mystified, Shahram Nazeri
3. Wa Habibi (O beloved) (Fairuz - Good Friday Eastern Sacred Songs)

Monday

Early morning: Officium, track 1, Jan Garbarek & The Hillard Ensemble

1. Gloria and Cum Sancto Spiritu (J.S. Bach, b-minor Mass)
2. Be joyful (G.F. Händel, Jubilate)

Intro. to some sessions: Lama's Chant (Lama Gyurmé, Hope for Enlightenment - The Lama's Chant, Songs of Awakening)